

STRAIGHT TO  
THE HEART OF

# Psalms

60 BITE-SIZED INSIGHTS

Phil Moore

MONARCH  
BOOKS

Oxford, UK & Grand Rapids, Michigan, USA



# CONTENTS

<i>About the Straight to the Heart Series</i>	9
Introduction: Music to God's Ears	11

## **BOOK I – PSALMS 1–41: SING ABOUT WHO GOD IS**

The King of Kings (1:1–2:12)	16
The Rejected One (3:1–5:12)	20
The Forgiver (6:1–7:17)	25
The Creator (8:1–9)	29
The God Who Can Be Known (9:1–10:18)	33
The Culture-Changer (11:1–15:5)	37
The Messiah (16:1–11)	41
The Promise-Keeper (17:1–19:14)	45
The Victor (20:1–21:13)	50
The Blood-Drenched Shepherd (22:1–23:6)	54
The Indweller (24:1–28:9)	58
The God Who Speaks (29:1–30:12)	63
What to Sing on Sundays (31:1–33:22)	67
Testimony (34:1–22)	72
The Avenger (35:1–28)	76
The Judge (36:1–37:40)	80
The Healer (38:1–41:13)	84

## **BOOK II – PSALMS 42–72: SING WHEN TIMES ARE HARD**

When God Feels Distant (42:1–43:5)	90
When God Seems to Fail (44:1–26)	94
A Few Days (45:1–17)	99

Reasons to Be Cheerful (46:1–49:20)	104
What God Needs from You (50:1–51:19)	108
Four Betrayals (52:1–55:23)	113
Heat + Pressure = Jewels (56:1–60:12)	118
Stripped (61:1–64:10)	123
Summer Precedes Winter (65:1–68:35)	127
Seven Dark Days (69:1–71:24)	131
When the King Arrives (72:1–20)	135

### **BOOK III – PSALMS 73–89: SING OUT HOW YOU REALLY FEEL**

Why Does God Allow Suffering? (73:1–28)	140
Crisis Prayers (74:1–23)	145
Get Ready (75:1–77:20)	149
God-Centred Prayers (78:1–80:19)	153
Lessons from a Barbecue (81:1–83:18)	158
Fathers and Sons (84:1–12)	163
Heman and His Friends (85:1–88:18)	167
One-Hit Wonder (89:1–52)	171

### **BOOK IV – PSALMS 90–106: SING ABOUT GOD’S PLAN**

The Living Faith of the Dead (90:1–91:16)	176
Timeless (92:1–94:23)	180
David Was Never King (95:1–99:9)	184
The Right Entrance (100:1–101:8)	188
God’s Plan Has Not Failed (102:1–28)	192
Green and Blue Planet (103:1–104:35)	196
Family History (105:1–106:48)	200

### **BOOK V – PSALMS 107–150: SING YOUR RESPONSE TO GOD**

Use Your Mouth (107:1–43)	206
Blessings and Curses (108:1–109:31)	210

Melchizedek (110:1-7)	214
Why Melchizedek Matters (111:1-112:10)	218
The Egyptian Hallel (113:1-118:29)	222
The Longest Psalm (119:1-176)	226
Up (120:1-124:8)	231
Mindful of Conditions (125:1-129:8)	235
Deeper and Higher (130:1-134:3)	239
The Great Hallel (135:1-136:26)	243
Babylon (137:1-138:8)	247
The Song of Freedom (139:1-24)	251
David's Final Struggle (140:1-143:12)	255
David's Final Message (144:1-145:21)	259
Body Language (146:1-150:6)	264
Conclusion: Music to God's Ears	268

Psalm. Psalms has 150 Chapters. Chapter 1 Chapter 2 Chapter 3 Chapter 4 Chapter 5 Chapter 6 â€“ Chapter 10 Chapter 11 â€“ Chapter 15 Chapter 16 â€“ Chapter 20 Chapter 21 â€“ Chapter 25 Chapter 26 â€“ Chapter 30 Chapter 31 â€“ Chapter 35 Chapter 36 â€“ Chapter 40 Chapter 41 â€“ Chapter 45 Chapter 46 â€“ Chapter 50 Chapter 51 â€“ Chapter 55 Chapter 56 â€“ Chapter 60 Chapter 61 â€“ Chapter 65 Chapter 66 â€“ Chapter 70 Chapter.Â Psalm 3. 1 Jehovah, how are mine adversaries increased! Many are they that rise up against me.