

Perinatal Mental Health

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GO TO THE TECHNICAL WRITING FOR AN EXPANDED TYPE OF THIS PERINATAL MENTAL HEALTH, ALONG WITH A CORRECTLY FORMATTED VERSION OF THE INSTANCE MANUAL PAGE ABOVE.

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How can the Perinatal Mental Health Toolkit be used? This toolkit is a set of relevant tools to assist members of the primary care team to deliver the highest quality care to women with mental health problems in the perinatal period. The most effective interventions for Perinatal Mental Health are also those that promote maternal-infant interaction. Maternal and infant mental health needs can be assessed at every contact and further support offered as necessary. Resources to support parenting challenges

Perinatal mental health (PMH) problems are those which occur during pregnancy or in the first year following the birth of a child. Perinatal mental illness affects up to 20% of new and expectant mums and covers a wide range of conditions. If left untreated, mental health issues can have significant and long-lasting effects on the woman, the child, and the wider family. Specialist PMH services provide care and treatment for women with complex mental health needs and support the developing relationship between parent and baby. Explains postnatal depression and other perinatal mental health issues, including possible causes, sources of treatment and support, and advice for friends and family.

Download PDF (398.7KB). | Order printed copies from our mail order service. Surviving postnatal depression. Selina blogs about her experience of perinatal mental illness and working with EastEnders on Stacey's story. Selina Shaikh Posted on 19/01/2016.

EastEnders & my postpartum psychosis.