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Books for Families: Dealing with Loss, Healing with Love

Children's literature abounds with stories of loss and recovery. Often a theme of struggle or separation allows family members to relate a plot to their own challenges. While there are many books available today about issues of loss, illness, death and grief, there is no one perfect book to suggest. Guidelines and lists follow. Most titles are available at local libraries and bookstores. Others are available through the internet.

Guidelines for adults:

Do review the book first before sharing it with a child.

Remember that the specific relationship involving a death does not need to be the same as the family's loss. Stories about animals may provide a more comfortable exploration of feelings for younger children.

Browse for books to reflect your own cultural or family values. Many books have religious themes. Use books about other cultures to increase awareness and sensitivity.

Choose books which younger children can understand. Often older siblings, teens, and adults will enjoy these stories, too.

Read the books together. Reveal your own feelings about the characters and story.

Upon finishing a book, explore together alternative options. Ask, "What would you have done?" Use the book as a tool for family discussion of a difficult topic. Leave books around the home so that children may return to them in their own time and at their own pace.

Re-read favorites.

For additional support or information, contact the Children's Services Coordinator at 508-358-3000 x244.

Books about Coping with Life-Threatening Illness

For children:

- Berger, Larry, Dahlia Lithwick and Seven Campers. **I Will Sing Life: Voices from the Hole in the Wall Gang Camp.** Little, Brown and Company, 1992. (stories of seven children with life-threatening illness)
- Bergland, Rita. **An Alphabet about Kids with Cancer**. The Children's Legacy, 1994.
- Blake, Claire, Eliza Blanchard & Kathy Parkinson. **The Paper Chain**. Health Press, 1998. (family's adjustment to mom's diagnosis)
- Borden, Louise. **Good Luck, Mrs. K!** Aladdin Paperbacks, 2002. (story of hospitalization of third grade teacher)
- Brack, Pat and Ben Brack. **Moms Don't Get Sick**. Melius Publishing Corporation, 1990. (mother's and son's descriptions of the impact of her cancer diagnosis)
- Farrington, Liz. **Nightmares in the Mist**. Enchante Publishing, 1994. (girl's fears during mother's hospitalization)
- Frahm, Amelia. **Tickles Tabitha's Cancer-Tankerous Mommy**. Nutcracker Publishing Company, 2001. (impact of mother's treatment on family)
- Harpham, Wendy S. **Becky and the Worry Cup**. Harper/Collins Publishers, 1997. (girl's adjustment to mom's diagnosis)
- Jukes, Mavis. **I'll See You in My Dreams**. Alfred A. Knopf, 1993. (girl's visit to ill uncle)
- Keckler, Ben. **My Friend, Matilda**. Eagle Creek Publications, 2006. (dog's friendship to boy with life-threatening illness)
- Lewis, Alaric. **When Someone You Love Has Cancer**. Abbey Press, 2005. (Elf-help book)

- Lichtenstein, Shari Futorian. **My Mom Has Cancer**. Justice Research Institute Publishing, 1997.
- McNamara, Jill Westberg. My Mom Is Dying: A Child's Diary. Augsburg, 1994.
- Parkinson, Carolyn Stearns. My Mommy Has Cancer. Park Press, 1991.
- Peterkin, Allan. What About Me? When Brothers and Sisters Get Sick. Magination Press, 1992.
- Speltz, Ann. **The Year My Mother Was Bald**. Magination Press, 2003.
- Stepanek, Mattie J. T. **Journey through Heartsongs**. Hyperion, 2001. (poetry)
- Watters, Debbie. Where's Mom's Hair? A Family's Journey through Cancer. Second Story Press, 2005.
- Winthrop, Elizabeth. **Promises**. Clarion Books, 2000. (girl's struggle with mom's diagnosis)
- Yaffe, Rita Sacks. **Once Upon a Hopeful Night**. Oncology Nursing Society, 1998. (story of mother's gentle informing children of her diagnosis)

For adults:

- Harpham, Wendy Schlessel. When a Parent Has Cancer: A Guide to Caring for Your Children. Perennial Currents, 2004.
- Heiney, Sue P., Joan F. Hermann, Katherine V. Bruss and Joy L. Fincannon. Cancer in the Family: Helping Children Cope with a Parent's Illness. American Cancer Society, 2001.
- Johnson, Joy. Stately Queens and Shining Knights: A Resource for Parents and Caregivers Helping Children Experiencing Fear. Centering Corporation, 2003.

- McCue, Kathleen. How to Help Children Through a Parent's Serious Illness. St. Martin's Griffin, 1994.
- Rauch, Paula K. and Ann C. Muriel. **Raising An Emotionally Healthy Child When A Parent Is Sick**. McGraw-Hill, 2006.
- Russell, Neil. Can I Still Kiss You? Answering Your Children's Questions About Cancer. Health Communications, Inc., 2001.

Books for Adults about Helping Children Heal

- Capacchione, Lucia. **The Creative Journal for Children: A Guide for Parents, Teachers, and Counselors**. Shambhala, 1989.
- Colorosa, Barbara. Parenting Through Crisis: Helping Kids in Times of Loss, Grief and Change. HarperCollins Publishers, 2000.
- Dann, Patty. The Goldfish Went on Vacation: A Memoir of Loss (and learning to tell the truth about it). Trumpeter, 2008.
- DiCiacco, Janis A. The Colors of Grief: Understanding a Child's Journey through Loss from Birth to Adulthood. Jessica Kingsley Publishers, 2008.
- Dyregrov, Atle. **Grief in Children: A Handbook for Adults**. Jessica Kingsley Publishers, 2008.
- Dyregrov, Atle. **Grief in Young Children: A Handbook for Adults**. Jessica Kingsley Publishers, 2008.
- Emswiler, Mary Ann and James P. Emswiler. Guiding Your Child Through Grief. Bantam, 2000.
- Fitzgerald, Helen. The Grieving Child. Simon & Schuster, 1992.
- Fitzgerald, Helen. The Grieving Teen. Fireside, 2000.

- Fitzgerald, Helen. **The Mourning Handbook**. Simon & Schuster, 1994.
- Fry, Virginia. Part of Me Died, Too. Dutton, 1995.
- Grollman, Earl. **Talking about Death: A Dialogue Between Parent and Child**. Beacon Press, 1990.
- Horsley, Heidi and Gloria Horsley **Teen Grief Relief: Parenting with Understanding, Support and Guidance**. Rainbow Books, Inc., 2007.
- James, John J. and Russell Friedman. **When Children Grieve**. Harper Collins, 2001.
- Johnson, Joy & Dr. Marvin Johnson. Children Grieve, too: Helping Children Cope with Grief. Centering Corporation, 1998.
- Kanyer, Laurie A. **25 Things To Do When Grandpa Passes Away, Mom** and Dad Get Divorced, or The Dog Dies. Parenting Press, Inc. 2004.
- Kroen, William C. Helping Children Cope with the Loss of a Loved One: A Guide for Grownups. Free Spirit Publishing Inc., 1996.
- LeShan, Eda. Learning to Say Goodbye: When A Child's Parent Dies. Avon, 1988.
- Lewis, Paddy Greenwall & Jessica G. Lippman. **Helping Children Cope** with the Death of a Parent: A Guide for the First Year. Praeger Publishers, 2004.
- Menten, Ted. **Gentle Closings: How to Say Goodbye to Someone You Love**. Running Press, 1991.
- Requarth, Margo. After a Parent's Suicide: Helping Children Heal. Healing Hearts Press, 2008.
- Schaefer, Dan and Christine Lyons. **How Do We Tell the Children?** Newmarket Press, 1993.

- Sorensen, Julia. Overcoming Loss: Activities and Stories to Help Transform Children's Grief and Loss. Jessica Kingsley Publishers, 2008.
- The Dougy Center, The National Center for Grieving Children & Families. **35 Ways to Help a Grieving Child**. The Dougy Center for Grieving Children, 2004.
- Trozzi, Maria. **Talking with Children about Loss**. Berkley Publishing, 1999.
- Turner, Mary. Someone Very Important Has Just Died: Immediate Help for People Caring for Children of All Ages at the Time of a Close Bereavement. Jessica Kingsley Publishers, 2005.
- Wakenshaw, Martha. Caring for Your Grieving Child: Engaging Activites for Dealing with Loss and Transition. New Harbinger Publications, Inc., 2002.
- Wolfelt, Alan D. Healing A Child's Grieving Heart: 100 Practical Ideas for Families, Friends and Caregivers. Companion Press, 2001.

Books for Children Dealing with a Death

Babbitt, Natalie. Tuck Everlasting. Farrar, Straus and Giroux, 1975.

- Blackburn, Lynn Bennett. I Know I Made It Happen. Centering Corporation, 1991.
- Boritzer, Etan. What Is Death? Veronica Lane Books, 2000.
- Brown, Laurie Krasny and Marc Brown. When Dinosaurs Die: A Guide to Understanding Death. Little, Brown and Company, 1996.
- Cammarata, Doreen. Someone I Love Died by Suicide: A Story for Child Survivors and Those who Care for Them. Grief Guidance, Inc., 2000.

Coutant, Helen. First Snow. Knopf Publishers, 1974.

Durant, Alan. Always and Forever. Harcourt, Inc. 2003.

Editors at Fairview Press. Kids Write Through It. Fairview Press, 1998.

Eldon, Amy. **Angel Catcher for Kids**. Chronicle Books, 2002. (journal)

Goldman, Linda. Children Also Grieve: Talking about Death and Healing. Jessica Kingsley Publishers, 2006.

Greenlee, Sharon. When Someone Dies. Peachtree Publishers, 1992.

Hanson, Warren. The Next Place. Waldman House Press, Inc., 1997.

Johnson, Joy & Dr. Marvin Johnson. **Tell Me, Papa: Answers to questions children ask about death and dying**. Centering Corporation, 2005.

Larson, KD. That Place. Monkeytoes Press, 2004.

Mellonie, Bryan and Robert Ingpen. Lifetimes: The Beautiful Way to Explain Death to Children. Bantam, 1983.

Moser, Adolph. **Don't Despair on Thursdays! The Children's Grief Management Book**. Landmark Editions, Inc., 1996.

Mundy, Michaelene. Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss. Abbey Press, 1998.

Munsch, Robert. Love You Forever. Firefly Books, 1986.

O'Toole, Donna. **Aarvy Aardvark Finds Hope**. Mountain Rainbow Publications, 1988.

Portnoy, Mindy Avra. Where Do People Go When They Die? KAR-BEN Publishing, 2004.

Puttock, Simon. A Story for Hippo. Scholastic Press, 2001.

Romain, Trevor. What on Earth Do You Do When Someone Dies? Free Spirit Publishing, 1999.

Rofes, Eric, (Ed.) and the Unit at Fayerweather Street School. **The Kids' Book about Death and Dying, By and For Kids**. Little, Brown, 1985.

Sabin, Ellen. **The Healing Book: Facing the Death – and Celebrating the Life – of Someone You Love**. Watering Can Press, 2006. (journal)

Schwiebert, Pat and Chuck DeKlyen. **Tear Soup**. Grief Watch, 1999.

Simon, Norma. The Saddest Time. Albert Whitman, 1986.

The Dougy Center, The National Center for Grieving Children & Families. **After a Murder: A Workbook for Grieving Kids**. The Dougy Center for Grieving Children, 2002.

Thomas, Pat. I Miss You: A First Look at Death. Barron's, 2000.

Varley, Susan. Badger's Parting Gifts. Lothrap Lee & Shepard, 1984.

Wigglesworth, Penny. Penny Bear's Gift of Love. Penny Bear Publishing, 2003

White, E. B. Charlotte's Web. Harper, 1952.

Wild, Margaret. The Very Best of Friends. Gulliver Books, 1989.

Winsch, Jane Loretta. **After The Funeral**. Paulist Press, 1995.

Wolfelt, Alan D. **Healing Your Grieving Heart for Kids: 100 Practical Ideas**. Companion Press, 2001.

Books for Children after the Death of a Mother

For younger readers:

Bunting, Eve. **The Memory String**. Clarion Books, 2000. (adjustment to stepmother)

Copeland, Kathe Martin. **Mama's Going to Heaven Soon**. Augsburg Books, 2005.

Edwards, Michelle. Papa's Latkes. Candlewick Press, 2004.

Hemery, Kathleen Maresh. **The Brightest Star**. Centering Corporation, 1998.

Holmes, Margaret M. Molly's Mom Died.: A Child's Book of Hope through Grief. Centering Corporation, 2007.

Perkins, Ginny and Leon Morris. **Remembering Mum**. A & C Black, 1996.

Powell, E. Sandy. Geranium Morning. CarolRhoda Books, 1998.

Sgouros, Charissa. **A Pillow for My Mom**. Houghton Mifflin, 1998. (hospitalization)

Spelman, Cornelia. **After Charlotte's Mom Died**. Albert Whitman & Co., 1996. (car accident)

Westberg McNamara, Jill. My Mom Is Dying: A Child's Diary. Augsburg Fortress, 1994.

For older readers:

Berg, Elizabeth. **Durable Goods**. Ballantine Books, 1993. (novel/mature readers)

Berg, Elizabeth. **Joy School**. Ballantine Books, 1997. (novel/mature readers)

- Carter, Forrest. **The Education of Little Tree**. University of New Mexico Press, 1976. (Cherokee orphan's story/mature readers)
- Creech, Sharon. Walk Two Moons. Harper Trophy, 1996. (novel)
- Douglas, Kirk. **The Broken Mirror**. Simon & Schuster, 1997. (young narrator is family's only survivor of Nazi concentration camp)
- Ferber, Brenda A. **Julia's Kitchen**. Farrar, Straus Giroux, 2006. (grief after deaths of mother & sister in house fire)
- Greenfield, Eloise. **Nathaniel Talking**. BlackButterfly Children's Group, 1993. (boy's use of rap to express his grief)
- Hoffman, Alice. **Green Angel**. Scholastic Press, 2003. (science fiction novel)
- Hughes, Lynne B. You Are Not Alone: Teens Talk about Life After the Loss of a Parent. Scholastic Press, 2005.
- Kidd, Sue Monk Kidd. **The Secret Life of Bees**. Penguin Books, 2002. (grief after death of mother/mature readers)
- Krementz, Jill. **How It Feels When a Parent Dies**. Knopf Publishing, 1981. (short biographical stories)
- MacLachlan, Patricia. Sarah, Plain and Tall. Harper Trophy, 1987. (novel)
- O'Fallon, Ann & Margaret Vaillancourt, Editors. **Kiss Me Goodnight: Stories and Poems by Women Who Were Girls When Their Mothers Died.** Syren Book Company, 2005. (mature readers)
- Rapp, Adam. **Under the Wolf, Under the Dog**. Candlewick Press, 2004. (novel, teen's struggle with mother's terminal cancer and brother's suicide/mature readers)
- Semel, Nava. Flying Lessons. Simon & Schuster, 1995. (novel)
- Shreve, Anita. Light on Snow. Little, Brown and Company, 2004.

(novel/mature readers)

Stone, Miriam. At The End of Words: A Daughter's Memoir. Candlewick Press, 2003. (author's biographical journal)

Books for Children after the Death of a Father

For younger readers:

Alexander-Greene, Alesia. **Sunflowers& Rainbows for Tia: Saying Goodbye to Daddy**. Centering Corporation, 1999.

Clifton, Lucille. **Everett Anderson's Goodbye**. Henry Holt & Co., 1983. (stages of grief)

Cohen, Cindy Klein, and John T. Heiney. **Daddy's Promise**. Promise Publications, 1997.

Douglas, Eileen. **Rachel and the Upside Down Heart**. Price Stern Sloan, 1990. (move to city after the death)

Downey, Roma. Love Is a Family. HarperCollins, 2001. (single parent)

Holmes, Margaret M. Sam's Dad Died: A Child's Book of Hope through Grief. Centering Corporation, 2005.

Ingoglia, Gina. **The Lion King**. Disney Press, 1994.

Kaplow, Julie and Donna Pincus. Samantha Jane's Missing Smile: A Story About Coping with the Loss of a Parent. Magination Press, 2007.

Korman, Justine. **The Lion King**. Golden Book, 1994.

Lantan, Sandy. Daddy's Chair. Kar-Ben Copies, 1991. (Jewish customs)

Mills, Lauren. The Rag Coat. Little, Brown & Company, 1991.

Powell, E. Sandy. Geranium Morning. CarolRhoda Books, 1998.

Rappaport, Doreen. The New King. Dial, 1995.

Scrivani, Mark. I Heard Your Daddy Died. Centering Corporation, 2003.

Wangerin, Walter. **Branta and the Golden Stone**. Simon & Schuster, 1993.

Zolotow, Charlotte. **If You Listen**. Running Press, 2002.

For older readers:

Agee, James. A Death in the Family. Avon, 1959. (novel)

Blume, Judy. **Tiger Eyes**. Dell, 1981. (death from violence)

Carter, Forrest. **The Education of Little Tree**. University of New Mexico Press, 1976. (Cherokee orphan's story/mature readers)

Douglas, Kirk. **The Broken Mirror**. Simon & Schuster, 1997. (young narrator is family's only survivor of Nazi concentration camp)

Friedman, D. Dina. **Playing Daddy's Song**. Farrar, Staus and Giroux, 2006. (death on 9-11-01)

Hoffman, Alice. **Green Angel**. Scholastic Press, 2003. (science fiction novel)

Hughes, Lynne B. You Are Not Alone: Teens Talk about Life After the Loss of a Parent. Scholastic Press, 2005.

Juneau, Barbara Frisbie. **Sad But O.K. – My Daddy Died Today**. Blue Dolphin Publishing, 1988.

Krementz, Jill. **How It Feels When a Parent Dies**. Knopf Publishing, 1981. (short biographical stories)

White, Ruth. **Belle Prater's Boy**. Farrar Straus & Giroux, 1996. (death from suicide)

Books for Children after the Death of a Sibling

For younger readers:

- Cohn, Janice. **Molly's Rosebush**. Albert Whitman & Co., 1994. (death of sibling due to miscarriage)
- Gryte, Marilyn. No New Baby. Centering Corp., 1999. (miscarriage)
- Johnson, Joy and Marvin Johnson. **Where's Jess?** Centering Corporation, 2003. (questions after death of sibling)
- Keckler, Ben. **Incredibly Lonely, That's Me**. Eagle Creek Publications, LLC, 2007. (grief after death of older sister)
- Krull, Kathleen. **Maria Molina and the Days of the Dead**. Macmillan Publishing Company, 1994. (death of sibling & Mexican customs)
- Munoz-Kiehne, Marisol. Since My Brother Died/Desde Que Murio Mi Hermano. Centering Corporation, 2000.
- Old, Wendie C. **Stacy Had A Little Sister**. Albert Whitman & Co., 1995. (death of sibling from SIDS)
- Parkinson, Siobhan. **All Shining in the Spring**. O'Brien Press Ltd., 1995. (death of sibling at birth)
- Perkins, Ginny. **Remembering My Brother**. A & C Black, 1996. (grief after death of middle brother of five siblings)
- Raschka, Chris. **The Purple Balloon**. Schwartz & Wade Books, 2007. (death of child)
- Richter, Elizabeth. Losing Someone You Love: When a Brother or Sister Dies. Putnam's Sons, 1986. (suggested for ages 8 and up)
- Romond, Janice. Children Facing Grief: Letters from Bereaved Brothers and Sisters. Abbey Press, 1989. (suggested for ages 10 and up)

- Rothman, Juliet. A Birthday Present for Daniel: A Child's Story of Loss. Prometheus Books, 1996. (sister grieves brother's death)
- Simon, Jack. **This Book Is For All Kids, But Especially For My Sister Libby. Libby Died.** Andrews McMeel Publishing, 2002. (five-year-author narrates about younger sister)
- Turner, Barbara J. A Little Bit of Rob. Albert Whitman & Co., 1996. (grief after death of older brother)
- Yeomans, Ellen. Lost and Found: Remembering A Sister. Centering Corporation, 2000.

For older readers:

- Bunting, Eve. **A Sudden Silence**. Harcourt Brace Jovanich, 1988. (brother's grief after death of teen brother due to hit-and-run accident)
- Conrad, Pam. **My Daniel**. HarperTrophy, 1989. (adult sister's memories of brother)
- Couloumbis, Audrey. **Getting Near to Baby**. G. P. Putnam's Sons, 1999. (sister's grief after death of baby and subsequent stress on family)
- Douglas, Kirk. **The Broken Mirror**. Simon & Schuster, 1997. (young narrator is family's only survivor of Nazi concentration camp)
- Guest, Judith. **Ordinary People**. Penguin Books, 1976. (grief of brother after accidental death from drowning of teen brother)
- Lowry, Lois. **A Summer to Die**. Houghton Mifflin Co., 1977. (younger sister's account of illness and death of teen sister)
- Peck, Richard E. **Something for Joey**. Laurel Leaf Books, 1977. (story of brothers, Joey and football hero John Cappelletti)
- Rapp, Adam. **Under the Wolf, Under the Dog**. Candlewick Press, 2004. (novel, teen's struggle with mother's terminal cancer and brother's

suicide)

Thesman, Jean. Calling The Swan. Viking, 2000. (younger sister struggles after the disappearance of older sister)

Books for Children after the Death of a Grandparent or Great-grandparent

For younger readers:

Alexander, Alesia K. **A Mural for Mamita**. Centering Corporation, 2002. (grandmother/Mexican customs)

Al-Chokhachy, Elissa. **How Can I Help, Papa?** Works of Hope Publishing, 2001. (grandfather)

Ancona, George. **Pablo Remembers: The Fiesta of the Day of the Dead**. Lothrop, Lee & Shepard Books, 1993. (grandmother)

Barron, T. A. Where Is Grandpa? Philomel Books, 2000. (grandfather)

Bunting, Eve. **The Wall**. Clarion Books, 1990. (grandfather/ Vietnam War xzs Memorial)

Burningham, John. **Granpa**. Red Fox. 1984. (grandfather)

Czech, Jan. The Garden Angel. Centering Corporation, 2000. (grandfather)

dePaola, Tomie. **Nana Upstairs & Nana Downstairs**. Puffin Books, 1973, updated illustrations 1998. (great-grandmother)

Donahue, Mike. **The Grandpa Tree**. Roberts Rinehart Publishers, 1988. (cycle of nature)

Farrington, Liz. And Peter Said Goodbye. Enchante, 1993. (grandfather)

Fox, Mem. **Sophie**. Harcourt, Brace & Co., 1994. (grandfather)

- Gavin, Holly and Tammy Rogers. **My Cinderella Grandma**. Tate Publishing & Enterprises, 2008. (grandmother/heaven)
- Goble, Paul. **Beyond the Ridge**. Macmillan, 1989. (grandmother/native American customs)
- Gould, Deborah. **Grandpa's Slide Show**. Lothrop Lee & Shepard, 1987. (grandfather)
- Haynes, Max. **Grandma's Gone to Live in the Stars**. Albert Whitman & Co., 2000. (grandmother)
- Hesse, Karen. **Poppy's Chair**. Macmillan, 1993. (grandfather)
- Hodge, John. **Finding Grandpa Everywhere**. Centering Corporation, 1999. (grandfather)
- Hucek, Margene Whitler. **Lilacs for Grandma**. Centering Corporation, 2002. (grandmother)
- Joslin, Mary. **The Goodbye Boat**. Lion's Children, 2005. (grandmother/heaven)
- Kroll, Virginia. **Fireflies, Peach Pies & Lullabies**. Simon & Schuster, 1995. (great-grandmother/funeral)
- Krull, Kathleen. **Maria Molina and the Days of the Dead**. Macmillan Publishing Company, 1994. (grandmother/Mexican customs)
- Leavy, Una. **Good-bye, Papa**. Orchard Books, 1996. (grandfather)
- Linden, Anne Marie. **Emerald Blue**. Macmillan, 1994. (loss of grandmother & Caribbean homeland)
- London, Jonathan and Sylvia Long. **Liplap's Wish**. Chronicle Books, 1994. (grandmother)
- Madler, Trudy. **Why Did Grandma Die?** Raintree Steck-Vaughn, 1992. (grandmother/funeral)

- McLaughlin, Kirsten. **The Memory Box**. Centering Corporation, 2001. (grandfather)
- Miles, Miska. **Annie and the Old One**. Little, Brown and Co., 1971. (grandmother)
- Nobisso, Josephine. **Grandma's Scrapbook**. Gingerbread House, 1990. (grandmother)
- Nobisso, Josephine. **Grandpa Loved**. Gingerbread House, 1989. (grandfather)
- Pastor, Melanie Joy. **Wishes for One More Day**. Flashlight Press, 2006. (grandfather)
- Pitzer, Susanna. **Grandfather Hurant Lives Forever**. Centering Corporation, 2001. (grandfather/Armenian traditions)
- Ross, Kent and Alice. **Cemetery Quilt**. Houghton Mifflin, 1995. (grandfather)
- Russo, Marisabina. **Grandpa Abe**. Greenwillow, 1996. (step-grandfather)
- Ryan, Victoria. When Your Grandparent Dies: A Child's Guide to Good Grief. Abbey Press, 2002. (Elf-help book)
- Santucci, Barbara. **Anna's Corn**. Eerdmans Books for Young Readers, 2002. (grandfather)
- Shriver, Maria. **What's Heaven?** St. Martin's Press, 1999. (great-grandmother)
- Thomas, Jane Resh. **Saying Good-bye to Grandma**. Clarion Books, 1988. (grandmother)
- White Deer of Autumn. **The Great Change**. Beyond Words Publishing, 1992. (grandparents/native American customs)

- Willner-Pardo, Gina. **Hunting Grandma's Treasures**. Clarion Books, 1996. (grandmother)
- Woodson, Jacqueline. **Sweet, Sweet Memory**. Hyperion Books, 2000. (grandfather)
- Wrenn, Elizabeth. **The Christmas Cactus**. Centering Corporation, 2001. (grandmother)
- Zalben, Jane Breskin. **Pearl's Marigolds for Grandpa**. Simon & Schuster, 1997. (grandfather/mourning customs)
- Zebrowski, Marianne. **Babka's Serenade**. Centering Corporation, 2002. (grandmother)

For older readers:

- Bacon, Katharine Jay. **Shadow and Light**. Margaret McElderry Books, 1987. (grandmother)
- Grover, Lorie Ann. **Loose Threads**. Margaret K. McElderry Books, 2002. (novel/poems about grandmother's illness and death)
- Henges, Kevin. **Sun and Spoon**. Puffin, 1998. (grandmother)
- Liss-Levinson, Nechama. When a Grandparent Dies: A Kid's Own Remembering Workbook for Dealing with Shiva and the Year Beyond. Jewish Lights Publishing, 1995.
- Mazer, Norma. After the Rain. William Morrow, 1987. (grandfather)
- Thomas, Karen. **Changing of the Guard**. Harper and Row, 1986. (grandfather)

Books for Children after the Death of a Pet

Armstrong, William. **Sounder**. Harper & Row, 1969. (dog)

Carrick, Carol. **The Accident**. Clarion Books, 1976. (dog)

Cohen, Miriam. **Jim's Dog Muffin**. Dell Publishing, 1984. (dog)

Demas, Corinne. **Saying Goodbye to Lulu**. Little, Brown and Company, 2004. (dog)

Durant, Alan. Always and Forever. Harcourt, Inc. 2003.

Dyanne DiSalvo-Ryan. A Dog Like Jack. Holiday House, 1999. (dog)

Fox, Mem. **Tough Boris**. Harcourt, Brace & Co., 1994. (parrot)

Howard, Ellen. **Murphy and Kate**. Simon & Schuster Books for Young Readers, 1995. (dog)

Hughes, Shirley. **Alfie and the Birthday Surprise**. Lothrap Lee & Shepard, 1998. (cat)

Huneck, Stephen. The Dog Chapel. Harry N. Abrams Inc., 2002. (dog)

Keller, Holly. Goodbye, Max. Greenwillow Books, 1987. (dog)

Lydon, George Ella. Ada's Pal. Orchard, 1996. (dog's grief for dog)

Orgel, Doris. Whiskers Once and Always. Viking Kestrel, 1986. (cat)

Rose, Michael. Bonesy and Isabel. Harcourt, Brace & Co., 1995. (dog)

Rylant, Cynthia. Cat Heaven. The Blue Sky Press, 1997. (cat)

Rylant, Cynthia. **Dog Heaven**. The Blue Sky Press, 1995. (dog)

- Varley, Susan. **Badger's Parting Gifts**. Lothrap Lee & Shepard, 1984. (grief of animals)
- Viorst, Judith. **The Tenth Good Thing about Barney**. Aladdin Books, 1971. (cat)
- Warburg, Sandol Stoddard. **Growing Time**. Houghton Mifflin, 1969. (dog)
- White, E. B. **Charlotte's Web**. Harper, 1952. (inevitability of death for all animals)
- Wilhelm, Hans. I'll Always Love You. Crown Publishers, 1985. (dog)
- Wittbold, Maureen. **Mending Peter's Heart**. Portunus Publishing Co., 1995. (dog)
- Young, Jim. **When the Whale Came to My Town**. Knopf Publishing, 1974. (whale)

Books for Teenagers

Agee, James. A Death in the Family. Avon, 1959. (novel, death of father)

Bacon, Katharine Jay. **Shadow and Light**. Margaret McElderry Books, 1987. (death of grandmother)

Berg, Elizabeth. **Durable Goods**. Ballantine Books, 1993. (novel/mature readers)

Berg, Elizabeth. **Joy School**. Ballantine Books, 1997. (novel/mature readers)

Blume, Judy. **Tiger Eyes**. Dell, 1981. (death of father from violence)

Bunting, Eve. **A Sudden Silence**. Harcourt Brace Jovanich, 1988. (brother's grief after death of teen brother due to hit-and-run accident)

- Canfield, Jack, Mark Victor Hansen and Kimberly Kirberger. Chicken Soup for the Teenage Soul: 101 Stories of Life, Love and Learning. Health Communications, Inc., 1997. (some stories about death)
- Capacchione, Lucia. **The Creative Journal for Teens: Making Friends With Yourself**. Newcastle Publishing Company, Inc., 1992. (creative arts exercises)
- Carter, Forrest. **The Education of Little Tree**. University of New Mexico Press, 1976. (Cherokee orphan's story)
- Cobain, Bev. When Nothing Matters Anymore: A Survival Guide for Depressed Teens. Free Spirit Publishing, 2007.
- Conrad, Pam. **My Daniel**. HarperTrophy, 1989. (adult sister's memories of brother)
- Couloumbis, Audrey. **Getting Near to Baby**. G. P. Putnam's Sons, 1999. (sister's grief after death of baby and subsequent stress on family)
- Creech, Sharon. **Walk Two Moons**. Harper Trophy, 1996. (novel, death of mother)
- de Saint-Exupery, Antoine. **The Little Prince**. Harcourt Brace & Company, 1942. (fable)
- Douglas, Kirk. **The Broken Mirror**. Simon & Schuster, 1997. (young narrator is family's only survivor of Nazi concentration camp)
- Ferber, Brenda A. **Julia's Kitchen**. Farrar, Straus Giroux, 2006. (grief after deaths of mother & sister in house fire)
- Fitzgerald, Helen. The Grieving Teen: A Guide for Teenagers and Their Friends. Simon & Schuster, 2000.
- Gootman, Marilyn. When A Friend Dies: A Book for Teens About Grieving & Healing. Free Spirit Publishing, 1994.

- Greenfield, Eloise. **Nathaniel Talking**. BlackButterfly Children's Group, 1993. (boy's use of rap to express his grief after mother's death)
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- Henges, Kevin. **Sun and Spoon**. Puffin, 1998. (death of grandmother)
- Hoffman, Alice. **Green Angel**. Scholastic Press, 2003. (science fiction novel, deaths of mother and father)
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- MacLachlan, Patricia. **Sarah, Plain and Tall**. Harper Trophy, 1987. (novel, death of mother)
- Mazer, Norma. **After the Rain**. William Morrow, 1987. (death of grandfather)
- Nunes, Lygia Bojunga. **My Friend the Painter**. Harcourt Brace Jonanovich, Publishers, 1987. (grief after suicide of adult friend)
- Offner, Rose. **Journal to the Soul for Teenagers**. Celestial Arts, 1999. (creative arts journal)
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- Thomas, Karen. **Changing of the Guard**. Harper and Row, 1986. (death of grandfather)
- White, Ruth. **Belle Prater's Boy**. Farrar Straus & Giroux, 1996. (suicide of father)
- Wiles, Deborah. **Each Little Bird That Sings**. Harcourt, Inc., 2005. (great-great-aunt's death)
- Wolfelt, Alan D. **Healing Your Grieving Heart for Teens: 100 Practical Ideas**. Companion Press, 2001.

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- Levy, Janice. **The Spirit of Tio Fernando**. Albert Whitman & Company, 1995. (uncle/Mexican traditions after the death)
- MacGregor. "Why Do People Die?" Citadel Press, 1999. (uncle's death prompts gentle explanation of death)
- Newman, Leslea. **Too Far Away to Touch**. Clarion Books, 1995. (uncle/during illness)
- Norton, Yuri. **Dear Uncle Dave**. Northlight Studio Press, 1993. (uncle/suicide)

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- Carter, Dorothy. **Bye, Mis' Lela**. Farrar, Straus and Giroux, 1998. (death of elder babysitter)
- Fenton, Anne Lobock. **Tikun Olam: Fixing the World**. Brookline Books, 1997. (Jewish traditions)
- Gray, Libba Moore. **Dear Willie Rudd**. Simon & Schuster, 1993. (death of elder babysitter)
- Hemery, Kathleen Maresh. **Sunflower Promise**. Centering Corporation, 2005. (death of best friend)

Books for Children who Love Elders

- Berger, Barbara. Grandfather Twilight. Philomel Books, 1984. (nature)
- Bunting, Eve. Sunshine Home. Clarion Books, 1994. (nursing home)
- dePaola, Tomie. **Now One Foot, Now The Other**. G. P. Putnam's Sons, 1981. (grandfather's recovery after stroke)
- Fox, Mem. **Wilfred Gordon McDonald Partridge**. Kane/Miller Book Publishers, 1989. (memory issues of elder friend)
- Poydar, Nancy. **Busy Bea**. Macmillan Publishing, 1994. (memory issues)

- Shecter, Ben. **Great-Uncle Alfred Forgets**. HarperCollins Publishers, 1996. (Alzheimer's disease)
- Strangis, Joel. **Grandfather's Rock**. Houghton Mifflin, 1993. (Italian folk tale)
- Wahl, Jan. **A Gift for Miss Milo**. Ten Speed Press, 1990. (girl remembers her grandmother's friend)
- Wahl, Jan. "I Remember!" Cried Grandma Pinky. BridgeWaterBooks, 1994. (memory issues)

Books for Children coping with Family Issues

Ballard, Robin. **My Father Is Far Away**. Greenwillow Books, 1992. (child's thoughts of absent father)

- Bunting, Eve. Gleam and Glow. Harcourt, Inc., 2001. (war/survival)
- Cohn, Janice. **Why Did It Happen? Helping Children Cope in a Violent World**. William Morrow and Company, 1994. (neighborhood robbery)
- Curtis, Jamie Lee. **Tell Me Again About the Night I Was Born**. Joanna Cotler Books, 1996. (adoption)
- DiCamillo, Kate. **Because of Winn-Dixie**. Candlewick Press, 2000. (daughter copes with absence of mother)
- Downey, Roma. **Love Is A Family**. HarperCollins Books, 2001. (single mom)
- Daly, Niki. My Dad. Simon & Schuster, 1995. (father's alcoholism)
- Goble, Paul. **Paul Goble Gallery: Three Native American Stories**. Simon & Schuster, 1999. (tales of seekers & transformation)
- King, Stephen Michael. A Special Kind of Love. Scholastic Press, 1995. (father's expression of caring)

- Mellecker, Judith. **Randolph's Dream**. Alfred A. Knopf, 1991. (boy's dream of saving father's life)
- Penn, Audrey. **The Kissing Hand**. Child & Family Press, 1993. (separation anxiety)
- Ransom, Candice F. **We're Growing Together**. Bradbury Press, 1993. (girl's adjustment to stepfather)

Books for Children about Feelings

- Berry, Joy. Let's Talk About Feeling Afraid. Scholastic, 1995. (general fears)
- Clifton, Lucille. **One of the Problems of Everett Anderson**. Henry Holt and Company, 2001. (fear of friend's being physically abused)
- Curtis, Jamie Lee and Laura Cornell. I'm Gonna Like Me: Letting Off a Little Self-Esteem. HarperCollins Publishers, 2002.
- Edwards, Becky. My Brother Sammy. The Millbrook Press,1999. (autism)
- Edens, Cooper. If You're Afraid of the Dark, Remember the Night Rainbow. Simon & Schuster, 1979.
- Goldblatt, Rob. The Boy Who Didn't Want To Be Sad. Magination Press, 2004.
- Holmes, Margaret M. **A Terrible Thing Happened**. Magination Press, 2000. (anxiety)
- Johnson, Joy. **The Very Beautiful Dragon**. Centering Corporation, 2001. (fears)
- Keckler, Ben. **From Here to There**. Eagle Creek Publications, 2005. (feelings/soul/religion)

- LeShan, Eda, **When Grownups Drive You Crazy**. Simon & Schuster, 1988. (conflicts with parents)
- Lite, Lori. Angry Octopus: A Relaxation Story. LiteBooks, 2008.
- Martin, Jane Read and Patricia Marx. **Now Everybody Really Hates Me.** HarperCollins, 1993. (pouting)
- Mundy, Michaelene. Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss. Abbey Press, 1998.
- Sendak, Maurice. Where the Wild Things Are. HarperCollins, 1963. (courage)
- Seuss, Dr. **My Many Colored Days**. Alfred A Knopf, Inc., 1996. (colors of emotions)
- Walter, Mildred Pitts. **Darkness**. Simon & Schuster, 1996. (celebration of dark)
- Weedn, Lisa. Holdin' On: A Brave Girl's Guide to Surviving Change. Cedco Publishing Company, 2002. (journal)

Books for Children about Wonder and Resilience

- Banks, Kate. **A Gift from the Sea**. Farrar, Straus and Giroux, 2001. (found treasures)
- Bornstein, Ruth Lercher. **That's How It Is When We Draw**. Clarion Books, 1997. (personal expression)
- Burningham, John. Aldo. Random House. 1991. (imaginary friend)
- Burningham, John. **Cloudland**. Crown Publishers, Inc. 1996. (magical place)
- Burningham, John. Courtney. Crown Publishers, Inc. 1994. (magical dog)
- Catalanotto, Peter. Emily's Art. Simon & Schuster, 2001. (losing a contest)

- London, Jonathan. Into This Night We Are Rising. Viking, 1993. (dreams)
- Magsamen, Sandra. **When I Grow Up I Want To Be Me**. Scholastic, Inc., 2002. (self-esteem)
- Wells, Rosemary. **Max's Dragon Shirt**. Penguin Books, 1991. (personal style)
- Woolf, Virginia. **Nurse Lugton's Curtain**. Harcourt Brace Jovanovich, Publishers, 1982. (dreams)